



Mount Shasta

**2022 BUSINESS RESOURCE
AND COMMUNITY GUIDE**

AN OFFICIAL PUBLICATION OF THE MOUNT SHASTA CHAMBER OF COMMERCE



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CHAMBER INFORMATION

The Board of Directors meets the 1st Thursday of each month at 12 noon. Those wishing to address the Board must notify the Executive Director at least 10 days prior to the meeting date to be placed on the agenda.

The Board of Directors includes representatives from all sectors of the membership. Please feel free to communicate with any or all of them to express your concerns or wishes regarding the direction of the Chamber.

If you are interested in serving on the Board, please contact the office at (530) 926-3165.

A LITTLE ABOUT US:

The Mount Shasta Chamber of Commerce & Visitor Center, a membership organization with approximately 300 members, is the advocate of business and the unified voice of its members. The Chamber of Commerce is not a government agency.

We have been building a better business community since the town was incorporated. Working toward our mission with the Board of Directors, the Chamber provides networking and marketing opportunities, educational programming, and several committees and task forces for members to get involved in.

Once your business is a member of the Mount Shasta Chamber of Commerce & Visitor Center, you and all of your employees are members as well. As a member, you are entitled to the full range of Chamber resources, all designed to help you grow your business.

Our mission is simple: Serve and inform the membership by promoting a strong local economy, advocating business interests and supporting tourism.

Each of our programs is designed to help make our region an even better place to live and do business. The end result is more potential customers for you and your business.



Welcome to Beautiful **MT. SHASTA, CALIFORNIA**

Here at the Mt. Shasta Chamber of Commerce we are meeting the challenge of creating an economically vital community that respects the natural beauty of the environment with surrounds us. This past year we welcomed 26 new businesses to the Chamber. Currently there are 296 members. We welcome new ideas and businesses to our growing community.

Tourism generates a large portion of our city's economic vitality. Despite the impact of California wildfires this past year, the Visitor Center welcomed 15,060 visitors from all parts of the world. Tourists came to explore nature, experience the spiritual lore of the mountain, and participate in our many events that are sponsored by the Chamber of Commerce and other organizations. This coming year the chamber will continue its tradition by hosting its annual crab feed of Feb. 9, the Swing into Spring Golf Tournament on May 11th, the Fourth of July Celebration from July 3rd through the 6th, Cool Mountain Nights on September 9th, and Winter Magic and the Holiday Light Parade on Nov. 29th. Other Annual events, to name just a few, include the Blackberry Festival on Labor Day, the Science Fair, the Pacific Crest Trail Town Celebration, cycle meets, and ski competitions. We are an active community with plenty to do all year for tourists and locals.

If you have questions about the local area as a prospective new-business owner or a visitor, we have two websites for information: www.mtshastachamber.com for all your business questions and www.visitmtshasta.com for what to do and sites to visit, where to eat or stay, and how to get there.

We welcome you to our community and hope you love your time in Mt. Shasta.

***Mt Shasta Chamber of Commerce
and Visitor Bureau***



BOARD OFFICERS



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Taps & Kitchen
(530) 918-6020
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Mt. Shasta CA 96067



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530-925-2734
Mt. Shasta CA 96067



Brett Anthis

Shasta Real Estate Group
(530) 926-3807
201 West Lake Street
Mount Shasta CA 96067

CHAMBER MEMBER BENEFITS

NETWORKING & MARKETING OPPORTUNITIES

People like to do business with people they know! The Chamber offers many excellent opportunities to get acquainted with the many people who make up the business community through: Annual Meeting & Awards Banquet, Business Luncheons, Business After Hours, Chamber 101 and Chamber Connection.

ANNUAL MEETING & AWARDS BANQUET

The banquet held at the beginning of the year is the Chamber's annual membership meeting that celebrates the extraordinary things local community members, businesses, and organizations do throughout the year.

BUSINESS LUNCHEONS

Held quarterly to provide networking opportunities for members and guest speakers who offer dialogue on issues affecting Mount Shasta and its business community.

BUSINESS AFTER HOURS

We host an after-hours networking event designed for members to meet and build relationships with business people from small, mid-size and large Mount Shasta Area companies and organizations representing a variety of industries.

CHAMBER CONNECTION

The newsletter is published in March, June, September and December. The newsletter is sent electronically to the Chamber's entire distribution list that includes members and key area business leaders. Hard copies are available at the Mt Shasta Visitor Center.

MEMBERSHIP DIRECTORY

Get listed online and in print in the MEMBERS ONLY business directory included in your membership. Expand your reach by purchasing additional category listings or an ad. The business directory is available at real estate offices, banks, City Hall, motels and the Chamber of Commerce office. This guide is also mailed to those requesting relocation information and is available online for downloads.

VISITOR GUIDE

Tourism oriented businesses have all experienced the benefits of being listed in this guide; it provides quick and organized information to visitors. Visitor Guides are available

at the Mount Shasta Visitor Center, local motels, restaurants and several California Welcome Centers. This guide is also mailed to those requesting relocation information and is available online for downloads. Chamber members can advertise in this guide at 54% less than nonmembers.

RACK CARDS

Bring in your advertising flyers and business cards for the display racks in the Chamber office; included in your membership.

RIBBON CUTTINGS

We offer free ribbon-cutting ceremonies for our members! We celebrate Chamber member grand openings, reopenings, remodels, and new ownership. Celebrations are held during normal business hours and are a great way to network with Chamber staff and representatives from the Chamber's Board. We'll bring the ribbon and BIG scissors and publish the photo of your celebration in the local media and Chamber promotional avenues as well.

GET INVOLVED WITH COMMITTEES

Maximize your membership investment by becoming actively involved in as many of our programs, activities, committees and issues as you find of interest. Getting involved with the programs you care about connects you to the information and people that will enhance the value of your membership.

VISITOR CENTER

The Mount Shasta Chamber of Commerce is also the local Visitor Center for the area. We strive to attract tourists to the area through advertising, events, customized packages and itinerary ideas. Countless inquiries about our local activities, schools, businesses, and attractions are answered daily through our office. We send out dining, lodging, and shopping guides, tourism information, county and city maps, relocation packets, brochures, demographic information and special event information that result in more visitors to our area. The Visitor Center also sells tickets for many community events.

ONLINE ADVERTISING & SOCIAL MEDIA

Market your business on the Chamber's dual purpose websites! You will find a host of marketing opportunities ranging from high traffic/high exposure to market-specific targeted web pages, and more.



MOUNT SHASTA CHAMBER OF COMMERCE

**300 Pine Street
Mt. Shasta, CA 96067 USA**

PHONE: 530-926-3165

EMAIL: info@mtshastachamber.com

HOURS: 5 Days A week, 10am-4pm
Tuesday~Saturday

CHAMBER STAFF:

Our team of dedicated staff members know all the ins and outs of the area and are ready to provide information for members and the community. If you have a question or need to contact someone specific on our team call:

Kaila Burn - Executive Director

kaila@mtshastachamber.com (530) 926-3165

VISITOR CENTER:

Angelica Miller

info@mtshastachamber.com (530) 926-4865

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PUBLISHED AND DISTRIBUTED BY:

Mount Shasta Chamber of Commerce
300 Pine Street • Mt. Shasta, CA 96067

GRAPHIC DESIGN BY: L. Parrott

MISSION STATEMENT

“The Mount Shasta Chamber of Commerce is a non-profit organization dedicated to developing and promoting trade and tourism in the Mount Shasta area for the benefit of its members and the citizens of the community.”

VISION STATEMENT

“The Board of Directors of the Mount Shasta Chamber of Commerce envisions a vibrant business community that blends in with the pristine beauty of our unique setting. We encourage a business setting that will enhance the lives in our community and promote business activities that co-exist with our natural environment.”

FAST FACTS

- Chamber members are given first preference for business referrals.
- Mount Shasta Chamber of Commerce & Visitor Center (MSCC&VC) is a non-profit, tax paying corporation (501 (c) 6).
- MSCC&VC is a voluntary organization.
- MSCC&VC staff consists of the Executive Director, Administrative Assistant, and 3 Visitor Center staff members.
- A board of 12 individuals elected by the Membership oversees the Chamber’s operation.
- Membership dues and various fund raising events support the operation of the Chamber.
- Membership is composed of businesses, professional people, financial institutions, medical services, nonprofit organizations, and private citizens.
- The Chamber links the entire community together through public and business combined efforts on projects.
- MSCC&VC is not a part of a service or civic club, and is not a charitable organization.
- There are various marketing and networking opportunities for members only.
- The Chamber is not part of the City government.
- MSCC&VC offers networking opportunities through Business Luncheons, Business After Hours and community events.
- The Chamber is a source for maps and community information for current businesses and those searching to relocate.
- The Chamber participates in ribbon cuttings and special events such as open houses and Business after Hours events.
- MSCC&VC works with government entities with a unified voice, attending many local, county and state meetings to stay abreast of the continually changing political landscape.



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Quality of Life

Mt. Shasta draws visitors from all across Northern California as a gateway to world-class recreation, known worldwide for picturesque mountain terrain and excellent quality of life. A unique blend of friendly neighborhoods, attractive parks, fine restaurants and prosperous businesses make this well-rounded city the jewel of Siskiyou County.

A population of nearly 3,500 maintains the “small-town” atmosphere that makes residing here so desirable. The streets are safe and clean, local businesses provide a stable financial base, and there is a great community spirit for all to enjoy. Located only an hour’s drive north of Redding, the City of Mt. Shasta has easy access to the excitement and amenities of nine counties within the area, while retaining its own identity as the recreational and cultural hub of the Shasta Region.

A town with pioneer beginnings, Mt. Shasta is a scenic getaway, an active retirement community, artists’ colony and tourism center. With almost 21,000 visitors yearly, tourism is the major industry and largest contributor to local economy. The breathtaking scenery, delightfully different seasons, clean air and water, and unlimited recreational opportunities continue to attract people from all points of the compass.

DEMOGRAPHICS

The City of Mt. Shasta is both 60 miles north of Redding and south of the Oregon border next to Interstate 5. Our valley is surrounded by pine-covered mountains with the snowy volcanic peak of Mount Shasta towering 14,179 feet high. The city limits is an area of 3.4 square miles, with an elevation of 3,500 feet and sloping upwards. The sphere of influence extends about 41 square miles and is surrounded by the Shasta Trinity National Forest.

CLIMATE

With exceptional air quality and pure water in a high alpine environment, we enjoy four distinct seasons. The weather in the City of Mt. Shasta and Siskiyou County is ideal. Average summer afternoon temperatures are in the 80s with no humidity, and evening temperatures may drop to the 40s. Rain and snowfall occur mainly in the months of October through mid-May.

HISTORY

Much of Mt. Shasta City’s past is connected to the splendor of nature that characterizes the region. Water, in the forms of snow, pure springs and even log ponds, has played an important role in the area’s history.

Several Native American tribes lived around Mount Shasta and many continue to hold ceremonies on the mountain, a part of their traditions for uncounted centuries. The snowy slopes drew the attention of Hudson Bay trappers in the late 1820s who assigned several names to the peak. Among them, Peter Skeene Ogden gave it the name “Sastise”; however, it is uncertain whether he saw Mount Shasta or one of the Cascade Mountains in southern Oregon.

It was in the 1850s that the area became home to a growing population of newcomers. Originally the town was called Strawberry Valley and boasted a stage stop, an inn and tavern, and a bucket and tub factory. When the community applied for a post office it was required to change its name, as there were too many “Strawberry Valleys” in California. Thus the alpine village took the name Berryvale.

The railroad came to the community in 1886 with the support of one of the community’s founding members, Justin Hinckley Sisson. The new town site and railroad station was built on the land Sisson granted to the railroad company and the town was named Sisson. The town was to go through one last name change in 1924 when citizens voted by a narrow margin to rename the town Mt. Shasta.

Prior to the arrival of the railroad, the clean water and mountain air drew people for summer vacations. With the railroad bringing visitors from the heat-blasted southlands the area became a popular resort destination in the late 1800s and early 1900s. Some of those resorts, like Stewart Mineral Springs, still stand today, while only remnants of others remain.

Much of the area’s popularity has been tied also to mountaineering and snow sports. John Muir traveled to the area in 1875 and was trapped high on the mountain by a snowstorm. He and other climbers huddled in hot springs for 17 hours to survive the storm. Muir was one of many noted writers, artists, botanists and other scientists who traveled to the mountain. The College of the Siskiyou’s Mount Shasta Collection preserves much of the body of work inspired by the towering peak that has been shaped over the past 250,000 years by a

CITY OF MOUNT SHASTA

Average Temperatures and Precipitation

MONTH	Average Low	Average High	Record Low	Record High	Average Precipitation	Average Snow
January	26°	43°	2° (1997)	67° (2001)	7.1”	19.7”
February	28°	47°	-3° (1989)	70° (1988)	6.3”	19.0”
March	30°	52°	11° (2006)	78° (2007)	6”	14.68”
April	33°	59°	15° (2008)	86°	2.8”	3.04”
May	40°	68°	24° (1995)	97° (2008)	2”	0.35”
June	46°	74°	28° (1990)	98° (2006)	1.25”	0”
July	51°	85°	35° (1996)	102° (2007)	0.3”	0”
August	49°	84°	34° (1999)	101° (2008)	0.4”	0”
September	44°	77°	34° (1999)	97° (1988)	1”	0”
October	36°	65°	20° (1989)	89° (2010)	2.3”	0.5”
November	31°	51°	20° (1989)	89° (2010)	5.1”	7.8”
December	26°	47°	-13° (1990)	64° (2013)	6.7”	23”

series of four eruptive episodes.

Mount Shasta has long been home to mountaineers and other backcountry enthusiasts. The first recorded climb to the summit was in 1854; today over 15,000 people make an attempt on the summit annually. Those interested in less wild terrain can enjoy downhill at the Mt. Shasta Ski Park, which opened in 1985 below tree line, and cross-county skiing. In the 1930s Snowman’s Hill, on the road to the Park, was the popular spot for skiing and ski jumping. For two decades a ski area was maintained above tree line at the end of Everitt Memorial Highway. A fire destroyed the lodge in 1971. The lodge was rebuilt and the Mt. Shasta Ski Bowl remained open until a 1978 avalanche took out the upper ski lift.



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SENIOR LIVING

An array of senior facilities exists in Mt. Shasta, serving the needs of the elderly population, whether they wish to pursue an active lifestyle or simply enjoy Mt. Shasta's picturesque setting. Facilities in the area provide retirement living, independent living, assisted living, skilled nursing, a caring staff, and recreational activities, all in a pleasant community environment.

Housing ranges from independent apartments to assisted living with on-site professional staff. Some centers offer complete services to seniors, including activities, health services, clubs, and housing assistance. Other amenities include dining rooms, exercise areas, libraries and lounges. In addition to the beautiful view, some facilities boast gardens and walking paths to beckon residents. These facilities include Eskaton Washington Manor, and Siskiyou Home Health Services.

Other needs are met by companies which offer private and business errand services to seniors who desire to remain in the comfort and privacy of their own home. These services cater to individuals who are capable of handling their own physical needs, but may require assistance with daily tasks. Services include everything from preparing meals and grocery shopping, to housekeeping and laundry.

A myriad of options are available to retired seniors who wish to pursue an active lifestyle. There are a number of recreational activities sponsored by the Mt. Shasta Recreation and Parks Department. At local churches and clubs seniors can enjoy Bingo, square dancing, trips, First Sunday Breakfasts as well as political and fraternal groups.



SPIRITUAL TOURISM

Mt. Shasta is a mecca for spiritual seekers. People come from all over the world to experience the power of the mountain. In Tibetan folklore such lands are known as 'beyul': hidden lands where the pure of heart may know Spirit through nature.

In esoteric traditions, Mt. Shasta is recognized as one of the seven sacred mountains on Earth. It is sometimes called a sister to Mt. Fuji in Japan and is also known as a "global chakra" by some. In New Age circles, Mt. Shasta is considered to be a "spiritual vortex": a place where high-frequency spiritual energy may be most easily experienced.

Local lore maintains that Telos, a city of advanced beings, resides within Mt. Shasta, and emissaries from Telos are in contact with local psychics to impart their wisdom for the spiritual advancement of humanity. Also, many believe that an "Ascended Master Retreat", a gathering of enlightened beings who oversee the spiritual progress of individuals, has its home within Mt. Shasta and those masters are accessible through meditation on the mountain.

The City of Mt. Shasta is home to numerous alternative health practitioners, psychics, metaphysical businesses and nonprofit organizations, and spiritual teachers who assist visitors with their spiritual quests. In addition, international spiritual teachers bring groups to the area throughout the year for tours and workshops.



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LODGING

With its seasonal climate and picturesque rugged terrain, Mt. Shasta is the ideal location for a weekend getaway or extended holiday. The area offers a vast array of accommodations for vacationers, families, prospective residents and passing travelers. Mt. Shasta offers lodging to suit everyone's tastes. Indulge yourself with a one or two bedroom chalet at a local resort, relax in the comfort of a charming bed & breakfast inn, rent a home to accommodate your large group or choose a room at one of the many motels in the area. Many offer package deals, for golfers, fishermen, shoppers and winter sport enthusiasts.

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MOUNT SHASTA CHAMBER OF COMMERCE

SHOPPING & DINING

Avid shoppers in Mt. Shasta can choose from an assortment of specialty stores, quaint boutiques, gift shops, and old-fashioned markets. Mt. Shasta maintains a reputation as the south county's shopping center. The downtown area offers retail shops, coffee houses, restaurants, unique bookstores, and art galleries. Several restaurants offer outdoor seating to enjoy the view of the magnificent Mount Shasta.

With multiple opportunities for shopping, dining, and recreation, visitors and residents are sure to enjoy their days spent in Mt. Shasta.

The city offers a variety of savory cuisine to suit everyone's palate, from traditional to fascinating international fare. The bountiful flavors found in Mt. Shasta restaurants are influenced by the cooking styles of American, Italian, Mexican and regional Asian cuisines. Dining establishments range from elegant restaurants with candlelit meals, to family dining in a hospitable atmosphere.

Visitors have their choice of innovative California cuisine, creative vegetarian dishes, and more delectable desserts than one can dream of.




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BUSINESS & ECONOMY

Since the 1940s the Mt. Shasta Chamber of Commerce has been the voice of business for the Mt. Shasta area. Through the Chamber, local professionals and businesses work together to recognize, define and find solutions for community issues.

The core industry and economic generator in Mt. Shasta is tourism. Tourism affects every business in Mt. Shasta, directly and indirectly.

The Chamber's Visitor Center is the leading marketing organization responsible for generating tourism to enhance the vitality of our economy. Our Visitor Center has almost 26,000 visitors per year requesting information, with another 68,000 visitors online.

Mt. Shasta is a city of great economic, social, recreational, and spiritual diversity where residents find both creative and traditional means to achieve success. The community was built on the strong pioneering spirit of folks who came for the natural beauty and the opportunity to grow success in a sparsely populated area. Much remains the same today. Newcomers join natives who can trace their families back several generations to spin the fabric of Mt. Shasta.

Water has played an important role in Mt. Shasta's economy from the days of the early 1900s when tourists came to drink the soda water at a number of resorts. Much of the tourism industry is built on water, in one form or another. Fishing, river rafting, boating, and camping around alpine lakes attract many visitors every year. Snow supports booming business at the Mt. Shasta Board and Ski Park, Mt Shasta Nordic Center, and the mountaineering industry. The quality of drinking water draws business interests from companies like Crystal Geysers which has a bottling plant in Mt. Shasta.

The Landing is '127 acres of opportunity' and the City is excited to work to develop the property in a way that emphasizes community and economic vitality for the region. This historic property is Mt. Shasta's largest commercial property and has been the focus of city and community development planning over the last decade.

Large sources of employment in the area are complemented by a wealth of small businesses that occupy downtown shops, out-of-the-way warehouses and tucked away offices. Mail-order businesses, internet-based companies and Mt. Shasta's extensive spiritual community stimulate the local economy and create diversity.

The Chamber strives to support that economic diversity as the city grows and new businesses come to the area. Through diversity we are building a strong foundation for our future where a high quality of life and conservation of this beautiful area are cornerstones of the community.

EMPLOYER & BUSINESS DEVELOPMENT RESOURCES

There is an abundance of local resources for business and employers in Mt. Shasta. Siskiyou County provides services in career assessment, testing and counseling, on-the-job training, financing assistance, business development, self-employment training, and job-seeking and placement assistance.

Jefferson Economic Development Institute

(JEDI) e-jedi.org.....(530) 926-6670

Personnel Preference
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Siskiyou Training Employment Program

(STEP)..... (530) 938-3231

Siskiyou County Economic
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(SCEDC)..... (530) 842-1638

Workforce Connection – Yreka..... (530) 842-7329

State of CA, Employment Development Department
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EDUCATION

Mt. Shasta schools provide strong academic programs along with safe, well-maintained campuses. The Mt. Shasta school system consists of three schools from K to 12th grades.

Mt. Shasta Elementary School serves approximately 250 students, with fully credentialed classroom teachers and credentialed specialists all working with kindergarten to third grade.

Sisson is a middle community school, which together serves about 370 students from fourth to eighth grade. The emphasis is on small class sizes where students are receiving the maximum amount of direct teacher/student contact.

Mt. Shasta High School serves over 350 students from 9th to 12th grades and has a long and proud tradition of maintaining standards through high ideals and commitment to school improvement. 2013 state test scores continue to place Mt. Shasta High School in the top ten percent of all California high schools and show Mt. Shasta to be one of the top high schools north of Sacramento.

In addition to its public schools, Mt. Shasta offers a range of private education options to residents as well as several excellent charter schools.

Golden Eagle Charter School's focus is on independent personalized learning for home school students, as well as those currently in public school who are looking for an alternative schooling option. Their staff of accredited teachers will work with students and their parents to find a curriculum that meets with both the students needs as well as the state requirements for their grade. Golden Eagle Charter School has been operating in Mt. Shasta since 2003. They serve students ranging from kindergarten through 12th grade.

Mattole Valley Charter School provides an innovative public education environment to students. The staff of accredited teachers support parental choice in educating their children. Teachers work with both parents and students to develop a personalized curriculum that is WASC accredited. The Mt. Shasta branch currently has over 60 students enrolled ranging from K-12. Their staff of 3 full-time teachers meet with independent study students as well as teaching on-site classes. Originally founded in Humboldt County, Mattole Valley Charter School has been serving students in Siskiyou County since 1998.

The county is home to the College of the Siskiyous, which offers a Bachelor of Science (in partnership with Southern Oregon University), Associate of Science, Associates of Arts, and over 20 Vocation Certificate programs.

As a result of dedication on the part of the school board and the community, students consistently earn top honors at competitive events. Strict conduct standards encouraged by outstanding teachers and staff furnish students with a solid education. They offer an up-to-date, standard-based curriculum with aligned assessments for all students. In addition to comprehensive classes and access to modern technology, students have a wide variety of extracurricular activities to benefit from.

Mt. Shasta Elementary School

Barry Barnhart - District Superintendent

bbarnhrt@msusd.org 530-926-3434 ext# 101

501 Cedar Street • Mt. Shasta, 96067.....(530) 926-3434

Sisson School

Kale Riccomini - Principal

601 E. Alma Street • Mt. Shasta, 96067(530) 926-3846

Mt. Shasta High School

Satyendra Shah - Principal

710 Everitt Memorial Highway

Mt. Shasta, 96067(530) 926-2614

Golden Eagle Charter School

2405 S. Mt. Shasta Blvd., #3

Mt. Shasta, 96067(530) 926-5800

Golden Eagle Charter School (Main Office)

2405 S. Mt. Shasta Blvd 926-5800

Golden Eagle K-5 Program

2411 S. Mt. Shasta Blvd 239-4338

Golden Eagle Middle School/High School

2226 S. Mt. Shasta Blvd 926-1140

Mattole Valley Charter School

Mt. Shasta Learning Center

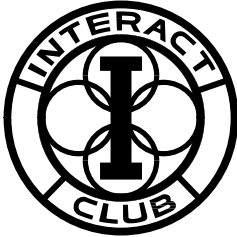
510 N. Mt. Shasta Blvd. Suite B

Mt. Shasta, 96067(530) 926-3425

College of the Siskiyous

800 College Avenue • Weed, 96094(530) 938-5555

YOUTH IN ACTION



INTERACT is a Rotary sponsored youth group for high school students. There are over 12,300 Interact clubs in 133 countries. The motto for Interact is “Service above Self”. Interact inspires youth to leadership and engagement in the community and abroad through a combination of education and service projects. The Mt Shasta High School Interact club was started in 2011 and averages 30-45 members each year, one of the largest in the state of California.

Interact been involved in both local service and international service projects. International projects include the “Million Lights” project (2016) which brought solar lamps to underdeveloped countries and the “Polio Plus” project (2017) with a commitment to end Polio in our lifetime. Local ongoing Interact service projects include local trash clean ups, invasive weed pulling, serving at the local Thanksgiving meal for those in need, support for Rotary fundraising projects like the Castle Crags Century and the Blackberry festival. Interact meets once a week at lunch time on Thursdays at Mt Shasta High School. We welcome you to stop by our Facebook page at <https://www.facebook.com/groups/276347019061116/>

In addition, the Mount Shasta Rotary Club (the parent organization and sponsor for the Interact Club) participates in Rotary’s Youth Exchange Program for High School students. Each year, Rotary Youth Exchange sends American High School students abroad and brings foreign exchange students to Mount Shasta for an academic year. Contact Glenn Harvey at glennharvey54@gmail.com or 530-925-9287 if you or someone you know may be interested in participating in the program.



KEY CLUB INTERNATIONAL, the oldest and largest service leadership organization for teens, teaches leadership through service to others. By performing more than 12 million service hours each year, Key Club members make a difference in their communities and the world, organizing a variety of service projects, such as cleaning up parks, collecting clothing and organizing food drives. They also learn leadership skills by running meetings, planning projects and holding elected leadership positions at the club, district and international levels.

Key Club encourages volunteering and fundraising for partners: March of Dimes, UNICEF and the Children’s Miracle Network. Key Club members are currently raising funds for The Eliminate Project, a joint effort of the Kiwanis family and UNICEF to eliminate maternal and neonatal tetanus from the face of the Earth.

MSHS Key Club includes over 25 students who are actively volunteering, helping Young and Seniors. They collect funds for UNICEF to ELIMINATE Neonatal Tetanus in third world countries, make little beanies for new born which are donated to CASA, collect toys for TOYS for TOTS, organize a Food Drive for needy families during the Holidays, make cards, little gifts and sing at Shasta View Senior Home, serve at the Brookdale Christmas dinner in Yreka, have a recycle program at MSHS, and many other projects.



FIRST BAPTIST CHURCH YOUTH MINISTRY provides events all year round.

They have weekly events that include youth group on Sunday nights, and small groups that vary throughout the week. They also put on fun monthly events for junior high and high school boys where they rent out Sisson Gym and play basketball. The high school girls have a monthly event of their own that includes: a pampering night, cooking night, board game night, a movie night, and more! The youth ministry also has big events that include: Wild Adventure Camp which is a camp they put on themselves out of Ashland, OR, and a winter retreat where they attend a youth conference. The goal of the youth ministry is to get students to think about the things of God and have open conversations about Jesus. To find out more about the FBC Youth Ministry go to <http://www.fbcmountshasta.com/youth-ministry.html>

5TH QUARTER – First Baptist Church Mt. Shasta puts on an event for high school students after every home football game called 5th Quarter. 5th Quarter is an event where students can have a safe place to hang out, play games, and eat delicious food. We have had up to 125 students attend on a Friday night. It is a much looked forward event at Mount Shasta High School and has been the norm for students to attend. The FBC Youth Ministry staff use this event to make connections with high school students and build healthy relationships with them.

YOUTH IN ACTION



For more than a century, the **BOYS & GIRLS CLUBS** have helped put young people on the path to great futures. Boys & Girls Clubs annually serve nearly 4 million young people, through membership and community outreach, in over 4,100 Club facilities throughout the country and BGCA-affiliated Youth Centers on U.S. military installations worldwide.

The Boys & Girls Clubs of the Siskiyou provides fun, safe places for youth during out-of-school hours, where they can be involved in caring relationships with adults and peers and feel a sense of membership and connectedness. BGCS provides varied and diverse programming supported by caring staff.

We are proud to announce that the first facility in Siskiyou county will be opening this summer in June 2017 at Sisson Middle School, 7:30 am-6:00 pm Mon.-Fri. Open to all children grades 4th-8th. Then we will roll into the school year September 2017-June 2018 Mon.-Fri. 2:30 pm - 6:00 pm.

Membership is free for the first year. To find out more and get involved please call our office 530-918-5224 or email us at www.noamshastayouth@gmail.com you can also like us on FaceBook - Boys & Girls Clubs of the Siskiyou.

BOY SCOUT TROOP 97 has been part of the community for over 50 years. Boys from the ages of 11 to 18 participate in camping, community service projects, character development, and life skills. Troop meetings are held every Wednesday night at Scout Hall at 7 pm. Monthly activities include camping, local projects, and trips.

Boy Scout- Scout Hall, southwest corner of Lake Street and Washington Drive.
Mount Shasta, CA 96067
(530) 925-4489

GIRL SCOUTS OF NORTHERN CALIFORNIA supports building girls of courage, confidence, and character who make the world a better place. Girl Scouts tailors six program levels for the development, educational, emotional, and social needs of girls in grades K-12 in the South Siskiyou communities of Mount Shasta, Weed, Dunsmuir and McCloud through opportunities provided by a partnership of volunteers and community members. For more information, please call (800) 447-4475.



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MT. SHASTA SKI PARK

RECREATION

Siskiyou County offers a wealth of recreational opportunities for active individuals and families. Scattered throughout the county's varied landscape are hundreds of miles of hiking and biking trails. Spectacular mountain vistas and crystal-clear alpine lakes make Mt. Shasta the most idyllic destination in the county.

Mount Shasta is a single peak in the Cascade chain, with a height of 14,179 feet. Rising 11,000 feet from the surrounding valley, it dominates the landscape of northern California. It presents a thousand different faces, inspires great awe and respect, and beckons all to view it from every possible perspective.

Mt. Shasta City Park is home to the headwaters of California's powerful Sacramento River. Even during the driest years, clear, icy water rushes from the hillside feeding streams and ponds. Walk along the creek and follow hedges of horsetail, fern and fragrant willow. The 26 acre public park is located off N. Mt. Shasta Blvd. on Nixon Road.

Shastice Park is at the north eastern part of the city. The park consists of 38 acres, 14 of which are developed. An outdoor ice rink is available from December through February.

Lake Siskiyou was built as a recreational lake just minutes from downtown Mt. Shasta. The lake offers great trout fishing, family friendly campgrounds including approximately fifteen cabins. Fed by five clear mountain streams, Lake Siskiyou's 430 acre recreational waters are held by Box Canyon Dam at the south end. Boat fishing and trolling is great any time of year with speeds limited to 10 mph. Lake Siskiyou Camp Resort, 3 miles west of Mount Shasta on W. A. Barr Rd., offers a boat ramp with marina, boat rentals, and free fish cleaning station. North Shore Road off W. A. Barr Rd. is an unpaved road leading to several fishing access areas. Please park in designated areas. The lake offers Rainbow, Brown trout, Bass and Crayfish. In 2010 a custom 260 foot bridge was erected at the mouth of Wagon Creek for the pleasure of pedestrians and bicyclists alike creating a picturesque 7.6 mile trail that snakes around the lake.

The Mt. Shasta Ski Park boasts of 425 skiable acres, with 32 trails, 1390 vertical feet, 3 triple chairs and one surface lift, 20% beginner, 55% intermediate, 25% advanced. Night skiing on 14 trails and 3 lifts have become a must do at the ski park.

The Mt. Shasta Nordic Center is an economically-viable, community-based non-profit organization that strives to inspire a passion for Nordic skiing by providing marked backcountry and groomed Nordic trails to a broad range of skiers in the Northern California/Southern Oregon region. Through the financial support from members, partners, and the community, it offers donation-based Nordic ski trail access, a full-service facility, and an array of ski programs for diverse populations. The Nordic Center has 25 km of groomed trails.

Expect the finest in golfing at the Mount Shasta Resort. The 6,100 yard, tree-lined course was professionally designed in 1993 by world-renowned Sandy Tatum. Jim Summers hosts a full service pro shop, lessons, and snack bar. Check out the midweek golf escape and stay over specials for fall and winter.

Mountaineering can test your physical abilities and determination by climbing the second highest volcano in the continental United States, Mount Shasta. June and July are the favored months to climb this challenging strenuous hike to 14,179 feet elevation. It is recommended to carefully plan your trip, carry an ice ax and crampons to traverse hard snow and ice fields, and arrange for a guide or mountaineering instruction in safe backcountry skills. Register and obtain Wilderness Permits and maps at the Mt. Shasta District Ranger Station.

Mount Shasta country offers a variety of whitewater rafting experiences – from class II family float trips, to multiple day excursions, to heart pumping class IV thrill rides. Family float trips on the Klamath River provide an opportunity for parents, grandparents and children to reconnect while enjoying the natural beauty along one of Siskiyou County's wild and scenic rivers. Just a half hour south of Mt. Shasta, spring boaters can put in on the Upper Sacramento River at Sims, where a steady stream of rapids keeps paddlers and guides busy all day.

Mt. Shasta Fish-Hatchery-grounds remain open to visitors year-round from 8am to sundown, providing ample parking, restrooms and a shady picnic area with a view of Mt. Shasta. Tour the oldest operating hatchery west of the Mississippi. Large, open ponds hold rainbow and brown trout raised to stock mountain fishing streams, rivers and lakes. Children enjoy feeding trout from the handy fish food dispensers. In early spring after the tiny eggs have hatched, see over three million fry being cared for in special tanks until they are large enough to be moved outside to the ponds.

Mt. Shasta Sisson Museum, located at 1 N. Old Stage Road is on the grounds of the Mt. Shasta Fish Hatchery. Tour the museum's permanent mountaineering, Indian and local history exhibits and enjoy revolving exhibits detailing Mt. Shasta history. Each summer the museum hosts a popular quilt show and art exhibit. The gift shop contains books, posters, jewelry and much more. The museum is open daily from April to October and weekends through December and is closed during January, February and March. Find more information at www.mtshastamuseum.com

Mt. Shasta Recreation & Parks District
www.msrec.org (530) 926-2494 •

Mt. Shasta Fish Hatchery (530) 926-2215

Mt. Shasta Visitor Center
www.mtshastachamber.com Local (530) 926-4865

Mt. Shasta Ski Park
www.skipark.com Local (530) 926-8610
 Toll Free (800) SKISHASTA

Mt. Shasta Sisson Museum
www.mtshastamuseum.com (530) 926-5508

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MEDICAL SERVICES

The City of Mt. Shasta is fortunate to have the finest medical professionals and the latest healthcare technologies, providing residents with compassionate, quality service. With numerous physicians, surgeons and various other highly skilled medical professionals in and around the city, the quality of healthcare is superb in a very rural area.

Siskiyou County benefits from a multitude of state-of-the-art health facilities with over 75 physicians and surgeons. Within the county are two medical centers, one is in the City of Mt. Shasta. Mercy Mt. Shasta is nationally rated as a Top 100 Critical Access Hospital.

With our pristine glacial waters, and natural mineral springs, pure mountain air and unsurpassed scenery, the area has long been the destination and rejuvenation resort for natural health and personal enrichment. Mount Shasta has been considered a sacred mountain and draws thousands of spiritual seekers yearly who are on sacred journeys, pilgrimages, vision quests, and healing retreats. There is an abundance of natural healthful opportunities available in Mt. Shasta, and there are a large number of alternative health and wellness practitioners who offer a wide variety of healing modalities for mind, body, and spiritual health.

An active lifestyle and an abundance of recreational opportunities helps maintain the good health and physical fitness of many Mt. Shasta residents. There are many appealing options for keeping fit, such as swimming, boating, hiking, rock climbing, golf, tennis, bicycling, fishing, skiing, ice skating and other outdoor activities.

Dignity Health – Mercy Medical Center, Mt. Shasta is a non-profit healthcare facility, designated as a 25-bed Critical Access Hospital, accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), and a member of the American Hospital Association.

With over 270 skilled professionals and support staff, approximately 45 active staff physicians and more than 100 helpful volunteers, Mercy Mt. Shasta is nationally rated as a leader in providing “5-star” world-class health care services.

FACILITY SERVICES:

- Level III Emergency/Trauma Unit
- Cancer Treatment Center
- Intensive Care Unit
- Family Birth Center
- Medical/Surgical Unit
- Surgical Services (In-patient & Outpatient)
- Orthopedic Services Program (arthroscopy; hip resurfacing; minimally invasive hip, knee, back, shoulder surgeries; spinal compression; etc.)
- Ophthalmologic Services
- Hospice Services
- Cardio-Pulmonary Services
- Diagnostic Imaging
- Physical, Occupational, Speech Therapies
- Laboratory (diagnostic, pathology, blood bank)

- Nuclear Medicine
- Chaplain/Ministerial Services
- Pharmacy
- Transportation Services
- Nutritional Services/Registered Dietitian
- Financial Patient Advisor Services
- Physician Directory Services

PHYSICIANS:

The majority of physicians on the medical staff are “Board Certified” in their specialty, which means they have taken additional oral and/or written exams designed to assess their knowledge, skills and experience in their specialty.

Physician specialties include, but are not limited to the following:

- Cardiology
- Diseases/Surgery of the Retina/Macula Vitreous
- Emergency Medicine
- Family Practice
- General Surgery/Trauma/Vascular/Thoracic and Endoscopic
- Hospice
- Internal Medicine
- Obstetrics/Gynecology
- Ophthalmology
- Orthopedics
- Pathology
- Pediatrics
- Radiology
- Radiation Oncology

HERITAGE/GENEROSITY OF SPIRIT/COMMUNITY BENEFIT

The Sisters of Mercy, an order of Catholic sisters based in Auburn, California, oversee the works of Dignity Health – Mercy Medical Center, Mt. Shasta. Built on a foundation of giving back to the community it serves, Mercy is set-apart by its religious heritage and culture and deeply held core values of dignity, stewardship, justice, collaboration, and excellence. The staff, physicians and volunteers are guided by a desire to serve the needs of the community with compassion and commitment to quality, with a respect for each individual. Mercy Foundation North, a non-profit organization sponsored by the Sisters of Mercy of Auburn, develops, manages and distributes resources to support the continuation of the works of the Sisters of Mercy in the areas of health care, education and social services.



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GOVERNMENT

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U.S. Senators www.senate.gov
Dianne Feinstein (D- CA) (202) 224-3841
331 Hart Senate Office Building Washington DC 20510
Contact: www.feinstein.senate.gov/public/index.cfm/e-mail-me

Harris, Kamala D. - (D - CA) (202) 224-3553
B40B Dirksen Senate Office Building
Washington DC 20510
Contact: www.harris.senate.gov/content/contact-senator

U.S. House of Representatives www.lamalfa.house.gov
Congressman Doug LaMalfa – California’s 1st District
..... (530) 223-5898 – (202) 225-3076

California State Senate www.district1.cssrc.us
Senator Ted Gaines - District 1 (530) 532-5860

California State Assembly
..... www.arc.asm.ca.gov/member/AD1
Assemblyman Member Brian Dahle – District 1
..... (530) 223-6300

SISKIYOU COUNTY OFFICIALS & OFFICES

www.co.siskiyou.ca.us

Siskiyou County Board of Supervisors

District 1 – Brandon Criss (530) 859-5548
District 2 – Ed Valenzuela (530) 926-1733
District 3 – Michael Kobseff (530) 918-9128
District 4 – Lisa Nixon (530) 340-5988
District 5 – Ray Haupt (530) 467-5333
District Attorney (530) 842-8125
County Administrator (530) 842-8005
County Assessor (530) 842-8036
County Clerk (530) 842-8084
County Auditor (530) 842-8060
County Tax Collector (530) 842-8340
County Sheriff Administration (530) 841-2911
Superintendent of Schools (530) 842-8400

CITY OF MT. SHASTA OFFICIALS

City of Mt. Shasta

305 N. Mt. Shasta Blvd. • Mt. Shasta, CA 96067
..... (530) 926-7510
www.ci.mt-shasta.ca.us

City Manager

Todd Juhasz (530) 926-7510

City Finance Director

Muriel Terrell (530) 926-7523

Chief of Police

..... (530) 926-7540

Fire Chief

..... (530) 926-7546

Director of Public Works

..... (530) 926-7526

MT. SHASTA CITY COUNCIL MEMBERS

Mayor

John Redmond jredmond@mtshastaca.gov

Mayor Pro Tem

Jeffery Collings jcollings@mtshastaca.gov

Council Member

Tessa Montgomery tmontgomery@mtshastaca.gov

Council Member

John Stackfleth jstackfleth@mtshastaca.gov

Council Member

Tim Stearns tstearns@mtshastaca.gov

NORDIC CENTER

The Mt. Shasta region has an abundance of terrain suitable for exploration by snowshoes, skis, snowboards, and snowmobiles. In addition to the Mt. Shasta Ski Park, our local downhill ski and snowboard resort, there are options for both groomed access and un-groomed backcountry areas, both of which are suitable for winter adventures for families and explorers alike.

There are multiple agencies that oversee winter recreation in Mt. Shasta. The Mt. Shasta Nordic Ski Organization (MSNSO) is a community-based nonprofit that oversees the Mt. Shasta Nordic Center, the local cross-country ski area going in to its 12th season of operation. MSNSO strives to inspire a passion for Nordic skiing by providing marked backcountry and groomed Nordic trails to a broad range of skiers in the Northern California and Southern Oregon region. Through the financial support from members, partners, and the community, the Nordic Center offers a full-service rental facility, warming yurt, and programs for locals and visitors.

Through financial support from local & regional agencies, MSNSO has developed a Youth Ski Program with area schools that during the 2016-2017 season hosted over 700 students from the farthest reaches of Siskiyou County. Many of these students are economically under-served and this program enables youth who would otherwise not have access to the health benefits and joy of winter recreation. MSNSO is also proud to partner with national nonprofit Winter Wildlands Alliance through the SnowSchool program, which incorporates snow science and education into the Youth Ski Program.

Beyond the groomed selection of trails found at the Nordic Center, there is no limit to where cross-country skiers may explore. Castle Lake, Sand Flat and Bunny Flat are popular areas with marked backcountry trails, and the adventurous skier will find that National Forests surrounding Mt. Shasta provide endless exploratory terrain for cross country skiing.

While the selection of ski terrain surrounding Mt. Shasta is certainly suitable for tranquil cross country tours, opportunities for adrenaline-seekers are plentiful as well. For information regarding the steep, deep, and untracked, we look to the Mt. Shasta Avalanche Center, currently in its 20th season of operation.

Many local winter recreation areas popular with skiers, snowboarders, snowshoers and snowmobilers lie in avalanche terrain. The goal of the Mt. Shasta Avalanche Center (MSAC) and its fundraising agency Friends of the Mt. Shasta Avalanche Center (FMSAC) is to provide current avalanche advisories and educational opportunities to encourage the community of Northern California to make safe and well-informed winter backcountry decisions. To this end, MSAC offers free educational workshops and presentations throughout the winter season. To put it simply, the MSAC's work is to ensure that backcountry users are staying on top of the snow instead of buried beneath it.

Currently, the MSAC produces forecasts 7 days a week and employs 3 full time employees. The forecast gives up to date information on snow stability as well as current and predicted weather trends. The MSAC avalanche advisories encompass three distinct recreational areas, totaling approximately 350 square miles. These areas include Mt. Shasta proper, with elevations ranging from 3,500' to 14,179'; the Eddies, from 3,500' to 9'000'; and Castle Crags to the Trinity Divide, from 2,500' to 6'500'.

For more information on the Mt. Shasta Avalanche Center and its fundraising agency, Friends of the Mt. Shasta Avalanche Center, please visit www.shastaavalanche.org or email Forecaster & Climbing Ranger Nick Meyers at nimeyers@fs.fed.us. For more information on the Mt. Shasta Nordic Center, visit mtshastanordic.org or email info@mtshastanordic.org.



COMMUNITY INFORMATION

SISKIYOU OFFICE OF EDUCATION

www.sisnet.ssku.k12.us
Mount Shasta Union School District
Barry Barnhart(530) 926-6007

Siskiyou Union High School District
Mike Matheson(530) 926-3006

CITY OF MT. SHASTA

305 N. Mt. Shasta Blvd.
Mt. Shasta, CA 96067(530) 926-7510
www.ci.mt-shasta.ca.us

Administrative Services

City Hall
305 N. Mt. Shasta Blvd. • Mt. Shasta, CA 96067.(530) 926-7510

Business License

City Hall
305 N. Mt. Shasta Blvd. • Mt. Shasta, CA 96067.(530) 926-7510

Community Development

Building & Planning Division
City Hall
305 N. Mt. Shasta Blvd. • Mt. Shasta, CA 96067.(530) 926-7510

LIBRARIES

City of Mt. Shasta

515 E. Alma Street • Mt. Shasta, CA 96067(530) 926-2031
www.mtshastalibrary.org

College of the Siskiyous Library

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www.siskiyous.edu/library

Siskiyou County Library

719 4th Street • Yreka, CA 96097..... (530)-841-4175
www.snowcrest.net/siskiyoulibrary

PARKS & RECREATION

Mt. Shasta Recreation and Parks District

1315 Nixon St, P.O. Box 314
Mt. Shasta, CA 96067(530) 926-2494
www.msrec.org

POST OFFICE

Mt. Shasta Post Office

301 S. Mt. Shasta Blvd. • Mt. Shasta, CA 96067..(530) 926-1343

LAW ENFORCEMENT

Mt. Shasta Police Department

303 N. Mt. Shasta Blvd. • Mt. Shasta, CA 96067.(530) 926-7540
www.ci.mt-shasta.ca.us

Siskiyou County Sheriff

311 Lane • Yreka, CA 96097(530) 926-2552
www.co.siskiyou.ca.us/sheriffs

FIRE DEPARTMENT

Mt. Shasta Fire Department

303 N. Mt. Shasta Blvd. • Mt. Shasta, CA 96067.(530) 926-7546
www.ci.mt-shasta.ca.us

Mt. Shasta Fire Protection District

P.O. Box 467 • Mt. Shasta, CA 96067(530) 926-0702

HOSPITAL

Dignity Health - Mt. Shasta

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Northland Communications.....(530) 926-6128
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John Smith Sanitation (county)(530) 235-2248
Recycle – SOC.....(530) 926-4698
Black Butte Transfer Station.....(530) 926-1610

Sewer & Water

Mt. Shasta City Hall.....(530) 926-7510





COMMITTED TO MT. SHASTA

Crystal Geysir Water Company is an all-natural beverage company based in Calistoga, California. Two California entrepreneurs started our company in 1977 with a mission to provide people with healthy, pure, domestic, sparkling water. Our highest priority is to conduct our operations sustainably with the utmost care for the environment while producing healthy, all-natural refreshment for our consumers. Our Sparkling Water family now includes eight flavors: Lemon, Lime, Orange, Mixed Berry, Peach, and Pineapple-Mango, Green Apple, and Peppermint. Our flavors are crafted using only all-natural fruit essences, no sweeteners, and no preservatives. Tejava, our unsweetened black tea is a seven-time winner of the North American Tea Championship.

Our Mt. Shasta location represents a multi-million-dollar investment that transformed an idle bottling plant into a state-of-the-art facility that will bring much needed jobs to the community and help stimulate the local economy. Our Mt. Shasta facility also is home to an abundant, pristine water source. A source of pure spring water, the aquifer is naturally replenished by glacial runoff, snowmelt and rainfall. Year in, year out, the aquifer has maintained its output and quality – through drought conditions and previous extraction – this natural resource has proven to be sustainable. Crystal Geysir Water Company is committed to keep it that way: pure, protected, and preserved.

Crystal Geysir Water Company has made tangible investments in the local community through support of organizations whose mission it is to promote or preserve economic stability, youth, art, and the environment. We continue to share our products through donations to local fundraisers and demonstrate our community investment through sponsorships like the Mt. Shasta 4th of July Fireworks. We believe in supporting organizations that share our mission of building a better, more sustainable community in which to live, work, and play.

COMMUNITY PARTNER MEMBER PROFILE



Answering community needs with community benefits

At Mercy Medical Center Mount Shasta, the philosophy has always been to provide better health and accessible care to everyone who needs it. It's what a hospital does. But Mercy Mt. Shasta is more than just a hospital. We're a community member who shares a sense of affection, pride, and support for the area in which we live, work, and help. As part of the Dignity Health network of humankindness hospitals, we have a deep and constant concern for the welfare of our neighbors. To show that concern and commitment, we continually seek to grow our presence in the community with care that goes beyond the walls of our hospital. Our goal is to be a force for good so that people will lead healthy lives, reducing sickness, chronic disease, and even the need for hospital care.

Imagine that: a hospital that actively tries to keep people out. It makes sense when you think of it, and it's why we advocate, publicly, for equal access to medical care, expanded education, and information. To do all of that, we provide large and small grants to local non-profits who "do the work on the ground." The non-profits who are out there making a difference.

As part of Dignity Health, Mercy Mt. Shasta offers a Community Grants program as a way to work with others to increase access to jobs, housing, food, education, and health care, especially for low-income and under-represented communities.

In 2017, we provided a \$26,000 grant to an agency that conducts nutritional cooking classes for 8th graders and also stocks the emergency food pantries in local schools. Smaller grants went to other organizations providing senior nutrition and exercise programs; to food pantries; and to other programs promoting exercise. We offer courses in chronic disease management skills. We also provide the only hospice program in the area while our clinics make healthcare accessible to all.

Each year we sponsor Thanksgiving Food Drives, Adopt-A-Child for Christmas where we provide gifts for 100 local children, Adopt-A-Senior for Christmas, an Easter Food Drive, and an extensive Winter Clothing drive for local children.

Because of our commitment to providing community benefits and following up with grants that promote healthier lifestyles, we're starting to see positive results like fewer admissions through the Emergency Room because people are seeking care before it becomes a crisis. Kids in school are taking home what they learned in nutrition class and sharing it with their parents. Teachers are reporting that kids are more productive during school hours because of provided healthy snacks.

Mercy Mt. Shasta, like all Dignity Health hospitals, is a mission-driven organization. That mission was inherited from the Sisters of Mercy who came to California 163 years ago and who emphasized extending health, healing and opportunity for all, especially the poor and the vulnerable. Our staff – from doctors to volunteers – see their work as a way of making a difference. Perhaps that's why patients consistently rate the care they receive inside our hospital as excellent. And it's not uncommon for staff to challenge each other to provide even greater care. Why?

It's what we refer to as humankindness. Reaching out, helping others, being there. It's what we do and why we're here.



MT. SHASTA ANIMAL HOSPITAL



YOUR PETS ARE OUR PASSION!

We provide affordable care in general practice, surgery, internal medicine, dentistry, dermatology, oncology, laser therapy, spay/neuter, and vaccinations.

We have appointments available mornings and afternoons Monday-Saturday.

HOURS

Monday – Friday: 8 AM – 6 PM
Saturday: Temporarily closed
Sunday: Closed



Download Our Mobile App!

With the PetPage Mobile App, pet owners can instantly access their pet's up-to-date electronic medical records, just as they appear in the veterinarian's office. Not to mention one-click appointment and prescription refill requests anytime, from anywhere.

1130 North Mt Shasta Blvd • Mt Shasta, CA 96067
(530) 926-5266 PHONE • (530) 918-4602 FAX
mtshastavet.com

COMMUNITY PARTNER MEMBER PROFILE



MT. SHASTA ANIMAL HOSPITAL

YOUR PETS ARE OUR PASSION!

At Mt. Shasta Animal Hospital we offer full-service pet care for your cats and dogs! We provide the following services at our hospital: general practice, soft tissue surgery, orthopedic surgery, internal medicine, dentistry, dermatology, oncology, ultrasound, radiology, laser therapy, spay/neuter, and vaccinations. We are committed to your pets living long, happy, healthy, and pain-free lives!



MEMBERSHIP DIRECTORY

A

A-1 Choice Inn

1340 S. Mt. Shasta Blvd.
Mount Shasta, CA 96067-2759
a1choiceinn@gmail.com.....(530) 926-4811

Aaron Richardson and Son, Inc.

P.O. Box 332
Mount Shasta, CA 96067-0332
brian2052@gmail.com.....(530) 926-0377

Ads in Motion

726 2nd St.
Eureka, CA 95501
CEDWARDS@STROOpfx.com.(707) 599-0590

Aiello, Goodrich & Teuscher

205 N. Mt. Shasta Blvd. #300
Mount Shasta, CA 96067
sara@agtcpa.com.....(530) 926-3881

All Trade Services

614 South Mount Shasta Blvd.
Mount Shasta, CA 96067
Jake@alltradeelectrical.com..... 530-918-5547

Alpine Lodge

908 S. Mt. Shasta Blvd.
Mount Shasta, CA 96067-2719
drhua@yahoo.com.....(530) 926-3145

Alpine Realty

215 W. Castle St
Mount Shasta, CA 96067-9465
info@askalpine.com.....(530) 926-2646

Alua's Thrive Bar

315 Chestnut St.
Mount Shasta, CA 96067
nion@aluakombucha.com.....(530) 918-3388

Ama Wellness Center

432 N Mt Shasta Blvd
Mount Shasta, CA 96067
ancasira@gmail.com.....(628) 888-4881

Angela Ferrari, D.D.S., Inc.

301 E. Alma St.
Mount Shasta, CA 96067
info@angelaferriaridids.com.....(530) 918-9522

Angelic Shield Harmonics

705 Caroline Ave.
Mount Shasta, CA 96067
benjaminert@gmail.com.....(530) 261-0446

AngelStar Tax & Accounting Services

15 W LAKE ST
Weed, CA 96094
angelstarcsa@gmail.com.....(539) 925-0857

Art of Massage

501 Redwood Rd
Mount Shasta, CA 96067
fredp111@sbcglobal.net..... 530-926-2048

Arthur B. Stanley - Assoc. Inc.

510 N. Mt. Shasta Blvd
Mount Shasta, CA 96067
Arthur@Arthurstanleycpa.com.(714) 926-0502

B

Banner Bank

312 Maple St.
Mount Shasta, CA 96067
sheryle.neukirch@bannerbank.com.....(530) 926-1680

Base Camp Brazilian Jiu Jitsu

612 S Mt. Shasta Blvd.
Mount Shasta, CA 96067
basecampbjj@gmail.com.....(469) 328-9664

Berryvale Grocery

305 S. Mt. Shasta Blvd.
Mount Shasta, CA 96067-2553
belindabvale@yahoo.com.....(530) 926-1576

Best Western PLUS Tree House

111 Morgan Way
Mount Shasta, CA 96067-2557
.....(530) 926-3101

Bistro 107

107 Chestnut
Mount Shasta, CA 96067
123serge@sbcglobal.net.....(530) 918-5353

Blach Beverage LLC

1530 Beltline Rd
Redding, CA 96003
.....(530) 243-3932

BloodSource

2680 Larkspur Lane
Redding, CA 96002
.....(530) 243-0160

Blue Star Child Gallery and Studio

308 A. N Mt. Shasta Blvd.
Mount Shasta, CA 96067
harukosasaki@gmail.com.....(530) 859-1198

Bodhana, LLC

1439 Holiday Ln.
Mount Shasta, CA 96067
info@bodhanashasta.com.....(415) 819-3863

Boys & Girls Club of the Siskiyou

P.O. Box 223
Mount Shasta, CA 96067
info@bgcgratershasta.org.....(530) 220-5055

Burney Disposal, Inc./Summit Disposal, Inc.

37484B Cornaz Dr
Burney, CA 96013
mike@burneydisposal.com.....(530) 335-2723

C

Cal-Ore Communications

719 W Third Street
Dorris, CA 96023
joan@calore.net.....(800) 858-2399

Cal-Ore Life Flight

1524 East St.
Redding, CA 96001-1109
jennifer.hart@airmedcarenetwork.com
.....(541) 469-7911

Campora Propane Service

5562 Westside Rd.
Redding, CA 96001
.....(530) 241-1770

Cannon's Liquor

1004 S. Mt Shasta Blvd
Mount Shasta, CA 96067
driml@sbcglobal.net.....(530) 926-2239

Casa Ramos Restaurant

1136 Mt Shasta Blvd
Mount Shasta, CA 96067
payables@casaramos.net.....(530) 842-2098

Cave Springs

4727 Dunsmuir Ave.
Dunsmuir, CA 96025-1805
louie.dewey@gmail.com.....(530) 235-2721

Center for Soul Evolution

P.O. Box 740
Mount Shasta, CA 96067-0740
us@twinsong.us.....(530) 926-2886

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204 W. Lake St. Ste. A
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lw@mtshastahomes.com.....(530) 926-2100

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.....(530) 926-8910

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Cold Creek Inn

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Mount Shasta, CA 96067
.....(530) 926-9851

Coldwell Banker Mountain Gate Properties

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.....(530) 926-5236

College of the Siskiyous

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Weed, CA 96094-2806
gassaway@siskiyous.edu.....(530) 938-5200

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1844 Shastina Dr.
Weed, CA 96094-9712
.....(530) 938-1982

Community Foundation of the North State

1335 Arboretum Dr. #B
Redding, CA 96003-3628
.....(530) 244-1219

Cross Petroleum

1012 N. Mt. Shasta Blvd.
Mount Shasta, CA 96067
jcross@crosspetroleum.com.....(530) 926-2049

Crystal Geyser Water Company

210 Ski Village Drive
Mount Shasta, CA 96067
JudyY@crystalgeyser.com.....(415) 616-9590

Crystal Keepers

402 N. Mt Shasta Blvd
Mount Shasta, CA 96067
josh@crystalkeepers.net.....(530) 918-8338

Crystal Matrix Gallery

426 Chestnut Street
Mount Shasta, CA 96067
Aumakah@gmail.com.....(530) 918-8338

Crystal Room(s), Crystal Tones at Mt. Shasta

109 W. Castle St.
Mount Shasta, CA 96067-2207
crystals@crystalsmtshasta.com..(530) 918-9108

D

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309 N Mount Shasta Blvd
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chavezdawn@hotmail.com.....1-530-859-3810

Deetz Secure Storage

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yvonnevaite@sbcglobal.net.....(530) 926-1417

Dignity Health - Mercy Medical Center

914 Pine St.
Mount Shasta, CA 96067-2143
joyce.zwanziger@chw.edu.....(530) 926-6111

Directions

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directionsmtshasta@gmail.com.(530) 926-2367

Discover Siskiyou

1512 S. Oregon St.
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niki@discoversiskiyou.com.....(530) 842-1638

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326 Chestnut St.
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lonnadream@att.net.....(530) 926-1536

Drone Strike Technology

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Redding, CA 96007
travis@dronestriketechnology.com
.....(530) 945-7129

Dunsmuir Botanical Gardens

Dunsmuir City Park
Dunsmuir, CA 96025
info@dunsmuirbotanicalgardens.org
.....(530) 235-4740

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Dunsmuir, CA 96025-2626
dunsmuirodge@mindspring.com
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E

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711 Pine St.
Mount Shasta, CA 96067-2241
Asmaa.Ali@edwardjones.com ... (530) 926-2824

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dnshaugen@hotmail.com.....(530) 859-2907

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Mount Shasta, CA 96067
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fbc@snowcrest.net.....(530) 926-5095

Fischer’s Siskiyou Backhoe

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Flowing Waters Retreat at Mt. Shasta

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laurelhoughton@earthlink.net...(415) 300-7377

Friends of the Mt. Shasta Library

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.....(530) 926-0480

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Redding, CA 96002
.....(206) 384-7440

G

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.....(530) 926-2334

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Mount Shasta, CA 96067
peacegardeners@gmail.com.....(530) 926-9872

General Produce Company

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elahey@generalproduce.com(530) 926-3805

Great Northern Services

310 Boles St.
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mjwells@GNServices.org(530) 938-4115

Great Shasta Rail Trail Association

P.O. Box 221
McCloud, CA 96057
askus@greatshastarailtrail.org

Griff Bloodhart

702 Glen Mar Dr
Mount Shasta, CA 96067-9031
griffced@nctv.com.....(530) 926-4174

H

Harmon Pest Control, Inc.

7911 Oak Ridge Drive
Weed, CA 96094
info@harmonpestcontrolinc.com
.....(530) 941-2039

Harris Emergency Services

1109 Quail Meadow Dr.
Mount Shasta, CA 96067
eharris123@yahoo.com(530) 261-1326

Headwaters Outdoor School

105 E.t Lake St.
Mount Shasta, CA 96067
info@hwos.com(530) 938-1304

Heart of Mount Shasta

1434 Conan Ct.
Mount Shasta, CA 96067
rdonnely@mac.com(831) 247-3388

HeartBeat Ecstatic Dance

Mt Shasta City Park
Mount Shasta, CA 96067
info@heartbeatdance.org.....(415) 519-8661

Hester Building and Design

508 Chestnut Street, Suite 1
Mount Shasta, CA 96067
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.....(714) 363-7333

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info@holysmokestoves.com(530) 841-1841

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houseofbassandlilies@earthlink.net
.....(888) 805-6361

Humanity For Horses

P.O. Box 1510
Mount Shasta, CA 96067
luna.russo@humanityforhorses.org
.....(530) 926-9990

I

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201 N Mt. Shasta Blvd
Mount Shasta, CA 96067-2560
joa@miraclecoach.com.....(530) 925-6770

I AM” School Inc.”

118 Siskiyou Ave
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iamschool@sbcglobal.net(530) 926-6263

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Mount Shasta, CA 96067
.....(530) 918-9292

International Alpine Guides

325 Old Mammoth Road
Mammoth Lakes, CA 93546
info@internationalalpineguides.com.....(877) 686-2546

Iron Horse Unlimited LLC

138 Big Canyon Drive
Mount Shasta, CA 96067
vsequine@gmail.com(530) 925-2608

J

Jack Trout Fly Fishing

International Guide Service
Mount Shasta, CA 96067
info@jacktrout.com.....(530) 926-4540

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122 Rippon Way
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healing@jamielu.com.....(530) 209-2695

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1124 Pine Grove Dr
Mount Shasta, CA 96067
info@jeffersoncenterforthearts.com
.....(530) 918-8383

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134 N. Weed Blvd.
Weed, CA 96094
chimdoc69@gmail.com(530) 938-2552

John Carr
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Mount Shasta, CA 96067
johncarr@frontiernet.net.....(530) 547-3384

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Mount Shasta, CA 96067
gigir@johnlscott.com.....(530) 926-9877

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.....(530) 926-1926

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Mount Shasta, CA 96067-2230
jonthomasfinejewelry@msn.com
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Yreka, CA 96097
jonesjanitorial@snowcrest.net ... (530) 905-8420

Joy Rising Ranch Sanctuary
25331 Old Edgewood Rd.
Weed, CA 96094
joyrisingranch@gmail.com(530) 938-9678

K

Kaleidoscope-Works, LLC
2610 Amy Court
Mount Shasta, CA 96067
kristine@kaleidoscope-works.com
.....(916) 835-2820

Kevin Shearer, D.D.S.
701 Pine St.
Mount Shasta, CA 96067-2133
office@mtshastadentist.com.....(530) 926-6333

Kindred Gardens
151 Pine Street
Weed, CA 96094
.....(530) 938-9873

Kirsher, Winston & Boston, LC
205 N. Mt. Shasta Blvd. #400
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rwinston@kwb-law.net(530) 926-3444

Klamath Health Services
707 Pine Street
Mount Shasta, CA 96067
elizamitch@aol.com(530) 926-1300

L

LaHo-Chi Institute of Energy Healing
1125 Audubon Road
Mount Shasta, CA 96067
Beloved@lahochi.org(919) 452-8602

Lake Shasta Caverns
20359 Shasta Caverns Rd.
Lakehead, CA 96051
info@lakeshastacaverns.com.....(530) 238-2341

Lake Siskiyou Camp Resort
4239 W.A. Barr Rd.
Mount Shasta, CA 96067
Tom@reynoldsresorts.com.....(530) 926-2618

Lake Street 76 Station
411 W. Lake Street
Mount Shasta, CA 96067
ntorse@dj-partnership.com(530) 926-3143

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520 N. Mt. Shasta Blvd.
Mount Shasta, CA 96067
.....(530) 926-5123

Land Home Financial Services
612 N. Mt. Shasta Blvd. Suite A
Mount Shasta, CA 96067-2909
melanie.mayberry@lhfs.com(530) 918-2602

Law Offices of Timothy H. Stearns
211 N. Mt. Shasta Blvd. Ste. #200
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.....(530) 926-6700

Lisa Kielich Massage
612 N. Mt. Shasta Blvd. Suite A
Mount Shasta, CA 96067
lisakielichmassage@gmail.com..(530) 356-2843

LOGE Camps
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Mount Shasta, CA 96067
.....(530) 926-5596

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sales@luscioussoap.com(530) 926-1936

M

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.....(530) 926-5305

Mad Mountain Wireless
304 N. Mt Shasta Blvd
Mount Shasta, CA 96067
ewedoc@yahoo.com.....(530) 918-3473

Mana's Co.
343 Ski Village Drive
Mount Shasta, CA 96067
manaeguy@aol.com(530) 925-5762

Market Place Insurance
425 S. Mt. Shasta Blvd.
Mount Shasta, CA 96067-2527
sbarbarolou@mpiins.com.....(530) 926-4500

MBS Integrative Psychiatry
419 Chestnut St
Mount Shasta, CA 96067
nbrownDO@mbsipsychiatry.com
.....(530) 435-5048

McCloud Outdoors
209 S Quincy ave
McCloud, CA 96057
mccloudoutdoors@gmail.com...(530) 713-9072

McCloud River Inn B&B
325 Lawndale Ct.
McCloud, CA 96057
.....(530) 964-2130

McCloud River Mercantile Hotel
241 Main St.
McCloud, CA 96057
info@mccloudmercantile.com...(530) 964-2602

McLane Family Farms LLC
4224 Harry Cash Rd
Montague, CA 96064
mclanefamilyfarms@yahoo.com
.....(530) 228-2671

Mechanics Bank
142 Morgan Way
Mount Shasta, CA 96067
karley_buhl@mechanicsbank.com
.....(530) 926-3151

Mei Drucker Art Gallery and Gift Shoppe

418 N. Mt. Shasta Blvd.
Mount Shasta, CA 96067
meidrucker@att.net.....(530) 925-4015

Mike & Tony's Restaurant

501 S. Mt. Shasta Blvd.
Mount Shasta, CA 96067
.....(530) 926-4792

Monte Bianco Inn

504 S. Mt. Shasta Blvd.
Mount Shasta, CA 96067-2528
.....(530) 926-4617

Mossbrae Medical Group P.C.

234 Gateway Park Rd.
Mount Shasta, CA 96067
info@mossbraemedical.com.....(530) 240-4855

Mount Shasta Community Resource Center

109 East Lake St.
Mount Shasta, CA 96067
frcwjenny@gmail.com.....(530) 926-1400

Mount Shasta Ranch Bed & Breakfast

1008 W.A. Barr Rd.
Mount Shasta, CA 96067
Shastaranchbnb@gmail.com.....(530) 926-3870

Mount Shasta Research Foundation, Inc.

311 W. Alma St.
Mount Shasta, CA 96067
ifftrn@aol.com.....(650) 515-2557

Mount Shasta Resort

1000 Siskiyou Lake Blvd.
Mount Shasta, CA 96067
suzanne@mountshastaresort.com
.....(530) 926-3030

Fifth Season The

300 N. Mt. Shasta Blvd.
Mount Shasta, CA 96067-2230
office@thefifthseason.com.....(530) 926-3606

Mount Shasta Rotary

Mount Shasta, CA 96067

Mountain Fitness at Big Springs

20508 Big Springs Rd.
Weed, CA 96094-9705
.....(530) 938-4439

Mountain Fitness at The Wellness Center

633 Lassen Ln.
Mount Shasta, CA 96067-9002
.....(530) 926-6010

Mountain Fitness- South

1630 S. Mt. Shasta Blvd.
Mount Shasta, CA 96067-9453
.....(530) 926-3589

Mountain View Self Storage

6101 Truck Village Dr
Mount Shasta, CA 96067
mtviewselfstorage@gmail.com 530-926-2701

Mountaineer IT

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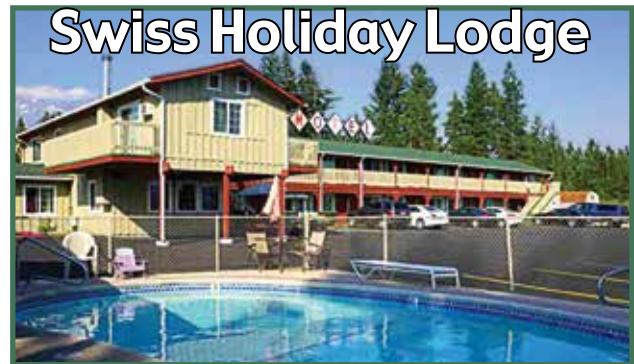
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John's Satellite..... (530) 926-1926

Chocolate

Mt. Shasta Products..... (530) 926-2858
First Baptist Church (530) 926-5095
United Methodist Church

Coffee/Tea Houses

Coffee Brake, The..... (530) 859-0339
Yaks Mt. Shasta Koffee & Eatery(530) 918-5569

Colleges

College of the Siskiyou (530) 938-5200

Concrete/Ready Mix

Sousa Ready Mix..... (530) 926-4485

Consulting/Development

Kaleidoscope-Works, LLC..... (916) 835-2820
Mt. Shasta Transformation Center
..... (541) 631-8907

Consulting/Development

Women's Business Center at JEDI
..... (530) 926-6670

Contractors - Licensed Construction

Hester Building and Design..... (530) 227-5407
Shasta Services, Inc./ Timberworks
..... (530) 926-4093

Contractors - Licensed Electrical

All Trade Services..... 530-918-5547

Contractors - Licensed Excavation

Aaron Richardson and Son, Inc.
..... (530) 926-0377

Counseling

Stress Relief for Youth and Adults
..... (530) 918-3652

Crystals Gems Retail

Crystal Keepers (530) 918-8338
Crystal Matrix Gallery..... (530) 918-8338

Day Spas & Beauty Salons

Sacred Mountain Resort Spa..... (530) 926-2331

Dentists

Angela Ferrari, D.D.S., Inc..... (530) 918-9522
Kevin Shearer, D.D.S..... (530) 926-6333

Design and Publications

Ads in Motion..... (707) 599-0590

Employment Services

Personnel Preference..... (530) 938-3909

Engineering

Mt Shasta Engineering..... (530) 918-8074

Events

Iron Horse Unlimited LLC..... (530) 925-2608

Facilitation/Training Services

University of Mount Shasta..... (530) 918-6062

Fairgrounds

Siskiyou Golden Fair (530) 842-2767

Farmers Market

McLane Family Farms LLC (530) 228-2671

Mt. Shasta Farmers Market.....(530) 926-6670

Financial Advisor

Edward Jones Investments

Enso Wealth Management (530) 918-4415

Fishing

Jack Trout Fly Fishing

International Guide Service..... (530) 926-4540

Ted Fay Fly Shop (530) 235-2969

Fitness

Base Camp Brazilian Jiu Jitsu...(469) 328-9664

HeartBeat Ecstatic Dance..... (415) 519-8661

Mountain Fitness at Big Springs(530) 938-4439

Mountain Fitness at

The Wellness Center..... (530) 926-6010

Mountain Fitness- South..... (530) 926-3589

reBalance Pilates Studio &

Art Gallery.....(707) 694-8813

Shasta Yoga Institute..... (530) 859-5433

StoneWay Athletics..... (206) 930-7169

White Mountain Pilates Studio (530) 859-9017

Flooring

E.C.I. Flooring..... (530) 926-6370

Florists

Mt. Shasta Florist..... (530) 926-3471

Petals..... (530) 926-4474

Furniture & Appliances

Ron's Furniture(530) 926-0280

Gas/Convenience Stores

Lake Street 76 Station..... (530) 926-3143

Sports & Spirits Chevron.....(530) 926-4243

Groceries

Berryvale Grocery (530) 926-1576

General Produce Company..... (530) 926-3805

Mt. Shasta Super Market and Deli

..... (530) 926-2212

Ray's Food Place/ C&K Markets

..... (530) 926-3390

Weed Grocery Outlet (530) 938-4778

Guide Service - Mountain Climbing

International Alpine Guides(877) 686-2546

S.W.S. Mountain Guides.....(530) 926-6003

Shasta Mountain Guides(530) 926-3117

Guide Service - Rafting

Tributary Whitewater Tours, LLC.

.....(530) 346-6812

Hardware/Lumber

M & T Lumber, Inc..... (530) 926-5305

Ramshaw's Ace Hardware.....(530) 926-3482

Solano's Alpine Hardware (530) 926-2635

Solano's Contractor Building Supply

.....(530) 926-3404

Home Health Services

Siskiyou Home Health Services

..... (530) 926-4142

Home Inspection

Harmon Pest Control, Inc..... (530) 941-2039

Home Inspection

Northern California Home Inspections

..... (530) 339-6398

Home Services & Supplies

Campora Propane Service.....(530) 241-1770

Cross Petroleum.....(530) 926-2049

Don R. Erickson Oil, Inc. (530) 926-2675

Jones Carpet Cleaning & Janitorial

.....(530) 905-8420

Pacific Power..... (888) 221-7070

Ray-Mac Mechanical..... (530) 926-5228

Hospitals

Dignity Health - Mercy Medical Center

..... (530) 926-6111

Individuals

Ed Valenzuela (530) 926-1733

Griff Bloodhart..... (530) 926-4174

John Carr..... (530) 547-3384

Vanessa Purdy

Insurance Companies

Elizabeth V Mitchell Collord Insurance

..... (530) 926-1300

Farmers Insurance.....

Farmers Insurance Kimberly Gonsalves

..... (530) 500-5330

Market Place Insurance(530) 926-4500

Reed Insurance Service.....(530) 926-3883

Rich Toreson Insurance Agency, Inc.

..... (530) 926-9841

State Farm Insurance(530) 926-4575

Internet Service Providers

Cal-Ore Communications.....(800) 858-2399

Jewelers

Jon Thomas Fine Jewelry (530) 926-6800

Landscape

Tom Hesselden and Associates(530) 926-2184

Landscaping & Nurseries

Kindred Gardens (530) 938-9873

Native Grounds Nursery (530) 926-0555

Spring Hill Nursery & Gardens (530) 926-2565

Life Coaching

Joy Rising Ranch Sanctuary.....(530) 938-9678

Massage Therapists

Lisa Kielich Massage(530) 356-2843

Medical Services

BloodSource..... (530) 243-0160

MBS Integrative Psychiatry (530) 435-5048

Mossbrae Medical Group P.C.(530) 240-4855

Shasta Valley Community Health Center

..... (530) 926-4528

Medical Services

Summit Chiropractic & Sports Therapy

..... (530) 408-0177

Metaphysical

Angelic Shield Harmonics.....(530) 261-0446

Center for Soul Evolution (530) 926-2886

Dolphin Star Temple Mystery School

..... (530) 926-1122

Gateway Peace & Healing.....(530) 926-9872

North Star Naturopathic Medicine

..... (530) 925-3221

Ophelia the Mystic Muse..... (561) 703-8160

Sacred Valley Healing Center Mount Shasta

..... (415) 516-2462

Saint Germain Foundation (530) 235-2994

Seraphim at Mt. Shasta (530) 926-2650

Shambhala Ministries and Gaila Shop

..... (530) 926-1331

Shasta Rainbow Angels.....(530) 926-6650

TELOS Connection(530) 926-1314

Mortgage Companies

Land Home Financial Services. (530) 918-2602

Motels/Hotels

A-1 Choice Inn (530) 926-4811

Alpine Lodge (530) 926-3145

Best Western PLUS Tree House

..... (530) 926-3101

Cave Springs (530) 235-2721

Cold Creek Inn..... (530) 926-9851
 Comfort Inn (Weed) (530) 938-1982
 Dream Inn..... (530) 926-1536
 Dunsmuir Lodge..... (530) 235-2884
 Evergreen Lodge..... (530) 926-2143
 Inn at Mt Shasta (530) 918-9292
 LOGE Camps..... (530) 926-5596
 McCloud River Mercantile Hotel
 (530) 964-2602
 Monte Bianco Inn (530) 926-4617
 Shasta Inn Hotel, LLC..... (530) 926-3411
 Strawberry Valley Inn..... (530) 926-2052
 Swiss Holiday Lodge..... (530) 926-3446
 Townhouse Motel (530) 938-4431
 Travelodge/ Penny's Diner (530) 235-4100

Moving Companies

South Valley Movers..... (530) 926-2366

Museum

Mt. Shasta Sisson Museum..... (530) 926-5508

Newspapers/Magazines

Enjoy, Inc..... (530) 246-4687

Non Profit Organizations

Boys & Girls Club of the Siskiyou
 (530) 220-5055
 Community Foundation of the North State
 (530) 244-1219
 Discover Siskiyou..... (530) 842-1638
 Friends of the Mt. Shasta Library
 (530) 926-2031
 Great Northern Services..... (530) 938-4115
 Great Shasta Rail Trail Association
 Jefferson Center for the Arts..... (530) 918-8383
 Klamath Health Services..... (530) 926-1300
 Mount Shasta Rotary.....
 Mt Shasta 5 Star Kiwanis Club of Mt. Shasta
 (530) 515-2693
 Mt. Shasta Bioregional Ecology Center
 (530) 926-5655
 Mt. Shasta Community Resource Center
 (530) 926-1400
 Mt. Shasta Runners, Inc.
 (Mountain Runners) (530) 926-3094
 Save the Rain (530) 926-9999
 Shasta Electric Vehicle Association
 (541) 552-9393
 Shasta Taiko..... (530) 926-3353
 Simpson University Upward Bound
 (530) 224-5600

Siskiyou Land Trust..... (530) 926-2259
 Smoke Free High Country (530) 643-9012
 Southern Oregon Goodwill..... (530) 842-6627
 The Gathering..... (253) 370-1026
 Women in Business Network.... (530) 925-4104
 Youth Empowerment Siskiyou .(530) 841-0844

Party/Event Rentals

Solano's Equipment and Event Rentals
 (530) 938-2474

Pet Communicator

Highest Self Awareness..... (714) 363-7333

Pet Supplies/Boarding

Furpurrsons Pet Resort..... (530) 926-0480

Photography

Drone strike technology (530) 945-7129
 Roger Derry Mountain Photos.....

Private Schools

Headwaters Outdoor School (530) 938-1304

Property Management

FWS Forestry Services..... (206) 384-7440
 Mt. Shasta Vacation Rentals.... (530) 926-6400
 Shasta Summit Properties..... (530) 926-1038

Quilting & Sewing

Weston's Quilting & Fiber Arts (530) 926-4021

Real Estate Agencies

Alpine Realty (530) 926-2646
 Century 21 Advantage (530) 926-2100
 Coldwell Banker Mountain Gate Properties
 (530) 926-5236
 Elite Real Estate Group (530) 859-2907
 John L. Scott Siskiyou South..... (530) 926-9877
 Shasta Real Estate Group..... (530) 926-3807
 Siskiyou Association of Realtors
 (530) 926-5083

Real Estate Agents

Dawn Chavez, Realtor Lic# 02088075
 1-530-859-3810

Real Estate Publications

Shasta Publications/ The Property Guide
 (530) 926-3481

Recreation

Fun Factory Snowmobile
 Rentals & Tours, The (530) 926-5387
 Lake Shasta Caverns..... (530) 238-2341
 Mount Shasta Retreat..... (760) 525-4512
 Mt. Shasta Recreation & Parks District
 (530) 926-2494
 Mt. Shasta Ski Park..... (530) 926-8610

Out Livin' (530) 924-4460
 Pacific Crest Trail Association.....
 Siskiyou Outdoor Recreation Alliance
 (SORA) (530) 925-3495
 SWS Mountain Guides
 530-926-6003 or 1-888.797.6867
 V.S. Equine L.L.C..... (530) 925-2608

Recycling

Burney Disposal, Inc./Summit Disposal, Inc.
 (530) 335-2723
 Siskiyou Opportunity Center ... (530) 926-4698

Resorts

Mount Shasta Resort (530) 926-3030
 Railroad Park Resort..... (530) 235-4440

Restaurants

Bistro 107..... (530) 918-5353
 Casa Ramos Restaurant (530) 842-2098
 Lalo's Mexican Restaurant (530) 926-5123
 Mike & Tony's Restaurant (530) 926-4792
 Mt. Shasta Tap Room (530) 864-1639
 Papa Murphy's Pizza (530) 926-6900
 Phuket Caf   Thai Cuisine..... (530) 926-4444
 Pipeline Crafts Tap & Kitchen.. (530) 918-6020
 Poncho & Lefkowitz (530) 926-1505
 Say Cheese Pizza (530) 926-2821
 Seven Suns Coffee and Caf  .. (530) 926-9701

Retreats

Flowing Waters Retreat at Mt. Shasta
 (415) 300-7377

Retreats

U.M. Shasta Camp..... (530) 408-8752

School Districts

I AM" School Inc."..... (530) 926-6263
 Siskiyou County Office of Education
 (530) 842-8400

Senior Housing

Eskaton Washington Manor..... (530) 926-5339

Septic Tank Pumping

Fischer's Siskiyou Backhoe..... (530) 926-4695

Services

Holy Smoke, Inc..... (530) 841-1841
 Jefferson State Services Inc/ Chimney Doctor
 (530) 938-2552
 Mad Mountain Wireless..... (530) 918-3473
 Mountaineer IT..... (530) 572-1955
 Right Click Technology (530) 459-821
 Shasta Events

Timberworks
 Visiting Angels..... (530) 223-2400
 Win-Win Cleaning Services (530) 208-5320

Shopping and Gifts

Crystal Room(s), Crystal Tones at Mt. Shasta (530) 918-9108
 Directions..... (530) 926-2367
 Luscious Soaps by Debbie..... (530) 926-1936
 Mt. Shasta Woodworks 530-859-3806
 Raven Tree..... (530) 926-6695
 Soul Connections..... (530) 918-9533
 Sundial Prints..... (530) 925-9213
 Velvet Elephant Art Center (530) 926-2297

Spiritual

Sacred Valley Spiritual Retreat (909) 262-5455
 Spirit Wisdom Healing..... (415) 516-2462

Sporting Goods

Fifth Season The..... (530) 926-3606
 McCloud Outdoors..... (530) 713-9072
 Sportsmen's Den (530) 926-2295

Storage

Deetz Secure Storage..... (530) 926-1417
 Mountain View Self Storage..... 530-926-2701

Stress Management

Jamie Lu..... (530) 209-2695

Television - Public Access

Siskiyou Media Council/ MCTV-15 (530) 926-0300

Thrift Stores

New 2 You (530) 918-9570

Tire Sales & Service

Point S Mt. Shasta Tire Factory (530) 926-5626

Title Companies

Mt. Shasta Title & Escrow Company (530) 926-3453

Tours

Mt Shasta Fun Guide..... (530) 926-3250
 Shasta Mountain Shuttle & Tours LLC (530) 436-5511
 Shasta Vortex Adventures (530) 926-4326

Transportation

Cal-Ore Life Flight (541) 469-7911

Vacation Rentals

Bodhana, LLC..... (415) 819-3863
 Heart of Mount Shasta (831) 247-3388
 House of Bass and Lilies (888) 805-6361
 Mount Shasta Research Foundation, Inc. (650) 515-2557
 Toad Hollow Vacation Home..... 530-278-8078

Venues

I AM University of Spiritual Psychology (530) 925-6770

Veterinary

Mt. Shasta Animal Hospital..... (530) 926-5266

Water Truck Services

Harris Emergency Services (530) 261-1326

Web Design

Silver Rockets (541) 621-4190



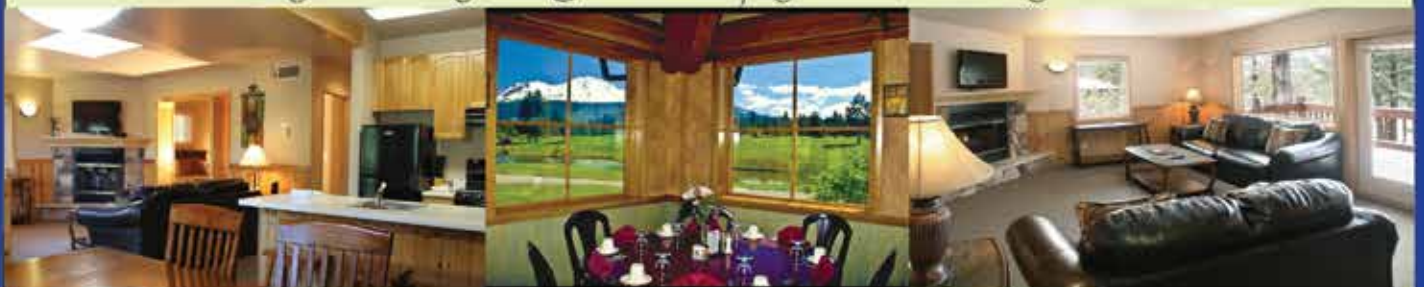
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